WEST NILE VIRUS is a part of the environment in Colorado.

The West Nile Virus season is May through September.

Help minimize the spread of West Nile Virus by encouraging and assisting neighbors to reduce mosquito habitat around their homes and in your neighborhood.

1. WNV is spread by the bite of an infected mosquito.

- Mosquitoes lay eggs in stagnant water, so eliminating standing water reduces mosquitoes.
- Mosquitoes do not lay eggs in flowing water or well-maintained pools and spas.

2. WNV is preventable by following the FOUR Ds

- Use insect repellent that contains **DEET**, picaridin, or oil of lemon eucalyptus.
- **DRESS** in long sleeves and pants.
- Avoid the outdoors from **DUSK** to **DAWN**.
- **DRAIN** standing water around homes.

3. Home maintenance tips:

- Make sure window and door screens are tight-fitting and well-maintained.
- Check for and remove standing water wherever it may collect – pool & hot tub covers, wheelbarrows, tarps, lawn ornaments, flower pots, etc.
- Clean gutters regularly.
- Change water in bird baths every 4-5 days.
- Do not overwater your lawn.
- Keep trash cans covered and clean.

City of Boulder • West Nile Virus Hotline, 303-441-4900 • www.bouldercolorado.gov
Boulder County Public Health • www.bouldercountymosquito.net • 303-441-1460

State of Colorado • www.fightthebitecolorado.com
Statewide help line • 1-877-462-2911

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